



## CLASS SCHEDULE: Winter Quarter 2022 (January 10 – March 18)

**Current Student pre-registration begins:** Dec. 6, 2021. **Open enrollment/registration begins:** Dec. 18, 2021

**Final day for Winter Quarter enrollment:** Fri., December 31, 2021

**Add-drop period for registered students:** Jan 10 – 21, 2022. **All Registration closes:** Fri. Dec 31, 2021

**\*Mid-Quarter Break (NO CLASSES):** February 7 – 11, 2022

**\*Watch CAA Weekly Update emails** (Monday mornings) for latest updates each week

**\*\*Regional Center POS requests before the start of the quarter for all registered students**

Day	Time	Class Title	Lead
<b>Monday</b>	10:30 – 11:30 am	Joy of Ballet	Zillman
	10:30 – 11:30 am	Advocacy & Engagement	Riley
	3:00 – 4:00 pm	Graduate Poetry 102*	Weaver
	3:00 – 4:00 pm	Pound Fitness: Monday to the Max	Matarangas
	4:30 – 5:30 pm	Concert Choir 101	Ramirez
	4:30 – 5:30 pm	Writing Lab: Character Development	Weaver
	4:30 – 5:30 pm	Belly Dancing	Matarangas
	6:00 – 7:00 pm	Fitness Fusion Dance Party: Happy Feet	Matarangas
	6:00 – 7:00 pm	Hands-On Photography	Thompson
	6:00 – 7:00 pm	The Joy of Baking	Kim
<b>Tuesday</b>	10:30 – 11:30 am	Speaking with Confidence 101	Weaver
	10:30 – 11:30 am	Graduate Voiceover 102*	Matarangas
	12:00 – 1:00 pm	Reading Partners	Weaver
	12:00 – 1:00 pm	Computer Coding	Reisman
	12:00 – 1:00 pm	Graduate Scene Study*	Riley
	1:30 – 2:30 pm	Digital Arts	Reisman
	1:30 – 2:30 pm	Podcasting	Nguyen
	1:30 – 2:30 pm	Earth Science	Coronado
	1:30 – 2:30 pm	Music Appreciation: Legendary Composers	Lea
	3:00 – 4:00 pm	Contemporary & Cultural Dance	Matarangas
	3:00 – 4:00 pm	Film Studies	Dubinsky
	3:00 – 4:00 pm	Innercise: Mindfulness & Compassion	Lea
	4:30 – 5:30 pm	Children's Music: Sing & Dance-A-Long	Lea
	4:30 – 5:30 pm	Traditional Art: Elements of Art	Ferguson
	4:30 – 5:30 pm	Graduate Musical Theatre: Ensemble Cast*	Matarangas
	4:30 – 5:30 pm	Dance of Peace: Joy of Living	Ramirez
	6:00 – 7:00 pm	Fierce Fashion: Graduate Modeling/Brand*	Matarangas
6:00 – 7:00 pm	Fun with Famous Artists	Ferguson	



<b>Day</b>	<b>Time</b>	<b>Class Title</b>	<b>Lead</b>
<b>Wednesday</b>	10:30 – 11:30 am	The Art of Filmmaking	Thompson
	10:30 – 11:30 am	Joy of Broadway Dance	Zillman
	12:00 – 1:00 pm	Graduate Filmmaking*	Thompson
	12:00 – 1:00 pm	Poetry 101	Weaver
	1:30 – 2:30 pm	Computer Gaming	M. Lindsay
	1:30 – 2:30 pm	Graduate Sign Language 102*	Weaver
	3:00 – 4:00 pm	Pound Fitness: Workout Wednesday	Matarangas
	3:00 – 4:00 pm	Food Smarts: The Art of Nutrition	Schmidt
	3:00 – 4:00 pm	Introduction to Anime	Nguyen
	3:00 – 4:00 pm	Technical Theatre & Design	H. Thrasher
	4:30 – 5:30 pm	Clay Animation	Ferguson
	4:30 – 5:30 pm	Introduction to CAA Employment Skills	Schmidt
	4:30 – 5:30 pm	Write Your Own Song*	Reisman
	6:00 – 7:00 pm	The Art of Healthful Cooking	Schmidt
	6:00 – 7:00 pm	Fun with Animation	M. Lindsay
	6:00 – 7:00 pm	Poetry in Motion	Matarangas
6:00 – 7:00 pm	Spanish 101	Coronado	
<b>Thursday</b>	10:30 – 11:30 am	Reading & Writing Workshop	Weaver
	10:30 – 11:30 am	Dance of Peace: Healthy & Happy	Ramirez
	12:00 – 1:00 pm	Intermediate Theatre Performance*	Riley
	12:00 – 1:00 pm	Pop Culture	M. Lindsay
	12:00 – 1:00 pm	Adaptive Guitar	Ramirez
	1:30 – 2:30 pm	Graduate Digital Arts*	Reisman
	1:30 – 2:30 pm	Children's Music: Song & Dance Ensemble	Ramirez
	1:30 – 2:30 pm	Introduction to Film Screenwriting	Thompson
	1:30 – 2:30 pm	Beginning Theatre Performance	Matarangas
	3:00 – 4:00 pm	Voiceover 101	H. Thrasher
	3:00 – 4:00 pm	Graduate Dance: Fall Festival/Halloween*	Matarangas
	3:00 – 4:00 pm	U.S. History	Heathcote
	4:30 – 5:30 pm	Graduate Dance: Winter Performances*	Matarangas
	6:00 – 7:00 pm	Beginning Still Life: Drawing & Painting	Ferguson
6:00 – 7:00 pm	Graduate Writing Lab*	Weaver	



Day	Time	Class Title	Lead
Friday	10:30 – 11:30 am	Confidence in Interviewing	Thompson
	10:30 – 11:30am	Introduction to Online Publishing: Fanfictions	Weaver
	10:30 – 11:30 am	Graduate Musical Theatre: Actors Cast*	H. Thrasher
	12:00 – 1:00 pm	Graduate Theatre Troupe*	H. Thrasher
	12:00 – 1:00 pm	World-Building: Gaming, Film & Fiction	Weaver
	12:00 – 1:00 pm	Vlogging: The World thru Your Eyes	Thompson
	1:30 – 2:30 pm	Pound Fitness: Full Force Friday	Matarangas
	1:30 – 2:30 pm	Sign Language 101	Weaver
	1:30 – 2:30 pm	Working With Shakespeare's Heartbeat*	H. Thrasher
	3:00 – 4:00 pm	CAA Cardinal Cheer Squad	Matarangas
	4:30 – 5:30 pm	Traditional Art: Color & Expression	Ferguson
	4:30 – 5:30 pm	Graduate Speaking with Confidence 102*	Kim
	6:00 – 7:00 pm	Fitness Fusion Dance Party: TGIF	Matarangas
<b>For more information regarding registration for these classes,            email <a href="mailto:registrar@collegeofadaptivearts.org">registrar@collegeofadaptivearts.org</a></b>			

\*Graduate classes, pre-requisites required. Contact the lead instructor for specific information.

\*\*Post-Graduate classes, prerequisites required. Contact the lead instructor for specific information.

**Distance (Online) Learning:**

In-person hybrid is returning for 50% of classes beginning Winter Quarter 2022. Please check the CAA Weekly Updates email each Monday morning for the latest & greatest updates.

**Follow these six steps to become a CAA Cardinal college student:**

1. Sign up for a virtual site tour by clicking the button on our website home page
2. After the tour, complete the online student enrollment packet online and submit
3. Once the packet is submitted, make an appointment with our registrar for account setup ([registrar@collegeofadaptivearts.org](mailto:registrar@collegeofadaptivearts.org)) and to receive your registration log-in information
4. During “open registration,” register for classes from home through our website home page using your new CAA registration log-in, at [College of Adaptive Arts: Register](#)
5. If receiving regional center coverage, cc the registrar ([registrar@collegeofadaptivearts.org](mailto:registrar@collegeofadaptivearts.org)) on an email to your regional center service coordinator with your quarterly schedule.
6. Regional Center POS’s need to be **processed and confirmed by the end of the first week of instruction or student will be temporarily put on the Wait List** until processing is complete.

**Course Credit for Electives in the Community:**

CAA will grant up to 1.5 credits for approved elective classes in the community. Email [registrar@collegeofadaptivearts.org](mailto:registrar@collegeofadaptivearts.org) regarding registration for outside elective credit. Examples of current elective options include:

- All Adaptive Health/Fitness/Swimming Classes at the YMCA on The Alameda



- Buddies in Action, Personal Fitness Training, <http://www.buddiesinaction.com/>
- AnT Swim School, <http://www.antswim.com/>
- Latizmo Productions, [latizmohiphop.com](http://latizmohiphop.com)
- Inclusive World, [www.inclusiveworld.org](http://www.inclusiveworld.org)

### **Frequently Requested Information Regarding CAA Funding Inquiries at Regional Centers:**

**When meeting with your case manager to complete a POS form requesting class coverage, you may need the following information.**

- ✓ Students should submit hours requests for blocks of two quarters.
- ✓ Up to 12 classes: 12 hours per week/120 per quarter may be covered.
- ✓ Consumers must get preapproval for hours intended for POS coverage prior to quarterly attendance.
- ✓ CAA is a charitable nonprofit.
- ✓ CAA offers private diplomas that are non-transferrable to state-accredited organizations.
- ✓ CAA's s vendor number is ZS0975.
- ✓ CAA's budget code is 102.
- ✓ Class sessions are 1 unit (hour) per week.
- ✓ Each class meets for 10 weeks per quarter: 1 unit x 10 weeks = 10 units total per class/per qtr.
- ✓ Current and future quarter dates are included on CAA's emailed "Weekly Updates" documents each Monday morning. Current quarter start/end dates are also on the current class schedule, available on our website: [www.collegeofadaptivearts.org](http://www.collegeofadaptivearts.org)
- ✓ CAA class credits, applied toward students' diploma or certificate goals, are awarded based on exposure to and experience with class concepts at each individual student's own pace and level of ability with instruction toward increased independent use of skills.
  - 0-1 days=0 credit
  - 2-4 days=1 credit
  - 5-7 days=2 credits
  - 8-10 days=3 (*full credit for the class*)
- ✓ All students are 18 years of age or older, and there is no time or age limit for participation.
- ✓ Students may take one class and receive a certificate, take classes from time to time, pursue a CAA diploma in a selected field of study, pursue new diploma tracks on an ongoing basis, etc.
- ✓ CAA provides opportunities for lifelong adult education in a collegiate environment emphasizing personal responsibility, self-advocacy, independence, community involvement, and applied cognitive skill-building through learning and class/community events.
- ✓ An example of student objectives connected to their studies, including benchmark ("before") and target ("after") goals, include a level of current occurrence (ex: advocacy or health and wellness-related activities) and sustained or additional outcomes through experience in a particular class or classes.