



Course Catalog

1401 Parkmoor Ave., Studio 260, San Jose 95126 | 408-538-3809 | info@collegeofadaptivearts.org
www.collegeofadaptivearts.org

We Are Different. We Are Able.



OVERVIEW

- CAA offers a **collegiate environment for lifelong adult education** and ongoing experiences within familiar and new areas of study for adults with differing abilities.
- There are no entrance exams or pre-requisites required for new student registration. New students register through the administrative office and schedule a welcome meeting with the Dean of Instruction.
- Students may 1) **earn certificates** for completion of individual classes, with no requirements on the number of classes they must take or length of time they must attend or 2) register for an **undergraduate, graduate, or post-graduate** course of study with no limit on the number of times they may repeat these tracks within similar or new areas of emphasis.
- The 60-credit **undergraduate** course of study is available to students of all learning levels and instructional needs. There are no requirements for the number or type of classes undergraduates must take, attendance per week, or frequency of attendance. Students may repeat the undergraduate course of study as frequently as they like. Full or partial credit is granted based on the amount of **experience, exposure, and participation** in learning activities possible for each student during a given quarter, as demonstrated through class attendance and as reported by the instructor.
- Launch of a student's additional 120-credit **graduate** course of study occurs through identification of primary areas of learning strength and identification of one of those area as the student's "graduate emphasis." The student can also take other elective classes outside of that area of emphasis. Graduate students begin moving skills outside of the walls of class into broader use through collaborative work between CAA and community partners. There are no requirements for the number of classes graduates must take per week and students may repeat similar or new graduate programs as frequently as they like.
- CAA's **post-graduate** course of study also requires an additional 240 credits of work and encourages increased use of skills within a chosen area of emphasis through global applications. There are no requirements for the number of classes post-graduates must take per week and students may repeat similar or new post-graduate programs as frequently as they like.
- This is a comprehensive catalog of all current and past classes within each School. Each particular class may not be offered each quarter – refer to the Current Quarter Schedule on the website for the current quarter list of classes.



Register at: www.collegeofadaptivearts.org/registration

* **Distance Learning Option** using Zoom & a Sutable Technologies Robot will be free this quarter to any currently registered students in exchange for weekly feedback on to how to improve the distance learning experience for expanded educational options.

Course Credit for Electives in the Community: CAA will give credit to elective classes in the community. Current elective classes supported by CAA include:

- All Adaptive Health/Fitness/Swimming Classes at the YMCA on The Alameda
- Buddies in Action, Personal Fitness Training, <http://www.buddiesinaction.com/>
- AnT Swim School, <http://www.antswim.com/>

Frequently Requested Information Regarding CAA Funding Inquiries At Regional Centers:

When meeting with your case manager to complete a POS form requesting class coverage, you may need the following information:

- ✓ Up to 60 hours/quarter may be covered based on individual qualification
- ✓ Consumers must get preapproval for classes covered through the Regional Center before the start of the quarter
- ✓ CAA is a charitable nonprofit vs. an educational nonprofit; CAA does not compete with .edu programs
- ✓ CAA offers private diplomas that are non-transferrable to state-accredited organizations
- ✓ CAA's s vendor number is ZS0975
- ✓ CAA's budget code is 102, Group, \$27.24 per unit (hour) as of July 1, 2016
- ✓ Class sessions are 1 unit (hour) per week (as of September 26, 2016)
- ✓ Each individual class meets for 9 weeks per quarter: 1 unit x 9 weeks = 9 units total per class, per quarter \$27.24 x 9 units = \$245.16 total per class, per quarter
- ✓ Students are giving 2 excused absences/class/quarter. Students will be charged \$30/class at the 3rd absence/class/quarter – privately reimbursed – not through SARC; Zoom/distance learning is an option for students who cannot be physically present.
- ✓ Current and future quarter dates are included on CAA's emailed "Weekly Updates" documents each Monday morning. Current quarter start/end dates are also on the current class schedule, available on our website: www.collegeofadaptivearts.org
- ✓ CAA class credits, applied toward students' diploma or certificate goals, are awarded based on exposure to and experience with class concepts at each individual student's own pace and level of ability with instruction toward increased independent use of skills
- ✓ All students need to be 18 years of age or older, and there is no age limit for participation
- ✓ There is no age or participation cut-off for services. Students may take one class and receive a certificate, take classes from time to time, pursue a CAA diploma in a selected field of study, repeat diploma tracks on an ongoing basis, etc. CAA provides opportunities for lifelong adult education in a collegiate environment emphasizing personal responsibility, self-advocacy, independence, community involvement, and applied cognitive skill-building through learning and class/community events.
- ✓ An example of student objectives connected to their studies, including benchmark ("before") and target ("after") goals, include a current rate or level of occurrence (ex: advocacy or health and wellness-related activities) and sustained or additional outcomes through experience in a particular class or classes.

1401 Parkmoor Ave., Studio 260, San Jose 95126 | 408-538-3809 | info@collegeofadaptivearts.org
www.collegeofadaptivearts.org

We Are Different. We Are Able.



SCHOOL OF ART

"...Creating with our minds, hands, and hearts."



School Departments:

Department of Fine Arts

- Traditional Art Techniques
- Fine Arts Exploratory Lab

This class in fine arts techniques will cover such methods as watercolor, print-making, sketching, and other artistic media. Students will contribute pieces toward our ongoing department portfolio of CAA student artist work. All sections of this class include the same curriculum offered at different times.

Department of Tactile Arts

- Beginning Glass Fusing
- Collage Art Technique
- Ceramics
- Clay Animation
- 3-D Textile and Textural Study

Course Descriptions – every class may not be offered each quarter – check Current Course Schedule for exact Quarter offerings:

3D ART: TEXTILE AND TEXTURAL STUDY

Students in this class will participate in both group and individual exercises making 2-3 three-dimensional art pieces. They will develop and construct their ideas from presented examples of finished works which incorporate paper, papier mache, clay, wire, cardboard, found objects. Finally, participating as a group, they will work at presenting their finished pieces in an exhibition-style showcase.

1401 Parkmoor Ave., Studio 260, San Jose 95126 | 408-538-3809 | info@collegeofadaptivearts.org
www.collegeofadaptivearts.org

We Are Different. We Are Able.



BEGINNING GLASS FUSING

The Beginning Glass Fusing class teaches the basics of glass design with the aim to produce several art pieces by the end of the quarter. You will learn how to assemble prepared glass, and how glass behaves at different temperatures. Come join me in a class that celebrates color and light.

COLLAGE ART TECHNIQUE

This art form is made from an assemblage of different materials, thus creating a whole new image. Students explore and learn how to combine poetry, paint, pastels, paper and paste to create new art. Visual creativity and written expression are encouraged for fun and freeing experience. Ceramics courses offer students the opportunity to personally connect to artwork through a hands-on, sensory experience as they watch their creative ideas literally take shape. Students also enjoy learning to share their artistic work and visions with others through representation at collaborative art fairs and exhibits. Clay animation projects are shared CAA's television productions and film festivals.

CLAY ANIMATION

A combination of skills such as working with clay, voiceover acting, script writing, and film-making will combine to provide an engaging and creative class for students of all interests and abilities. The final product will be a stop-motion film animated with clay figures and acted through voice-over work of class members. The differently numbered sections of this class include the same class content.

DIGITAL ARTS

This class will teach students about the exciting and creative world of digital arts! Concepts include introductions to programs such as Painter and Photoshop, and use of computers and tablets in their class work. Students will enjoy lots of hands-on experience developing digital art for the CAA archives and to take home as cumulative personal projects.

GRADUATE MASTER STUDY IN VISUAL ARTS*

This is an advanced art class for students interested in bringing their artwork to the next level and already showing an understanding of color mixing. Subjects and materials will be students' choice as they are guided through their pieces. Class goals include creating a portfolio, exploring avenues to publish artwork, and exhibition of art in an upcoming CAA art event. *Prerequisites required, contact instructor for more information or to register.

COMPUTER AND HAND-DRAWN ANIMATION

Are you a fan of animated films and television shows? Have you ever wanted to learn basic skills of hand drawn and computer animation? This entertaining class will teach students animation skills through an introduction to basics of hand-drawn characters and environment sketching, and

1401 Parkmoor Ave., Studio 260, San Jose 95126 | 408-538-3809 | info@collegeofadaptivearts.org
www.collegeofadaptivearts.org

We Are Different. We Are Able.



experience with basic software applications for developing animated short projects that bring ideas and pictures to life. The only requirement is a love for animation and a desire to bring the fun!

1401 Parkmoor Ave., Studio 260, San Jose 95126 | 408-538-3809 | info@collegeofadaptivearts.org
www.collegeofadaptivearts.org

We Are Different. We Are Able.



SCHOOL OF COMMUNICATIONS

"...Teaching students to communicate confidently, comfortably, and creatively."



School Departments:

Department of Oral Communications

- Speaking with Confidence

In Speaking with Confidence, undergraduate and graduate students will learn that improving their body language and vocal variety leads to increased self-esteem. Students will also learn how to become active listeners. In turn, active listening allows students give constructive criticism to their peers. This class welcomes all students and helps train our future public speakers.

Department of Written Communications

- Poetry
- Writing Lab

Undergraduate and graduate writing courses unlock a voice that is sometimes quieted. Through poetry, fiction, or biographical work, writing helps students unlock their voices and realize that individuals of all abilities can be writers. Cumulative work includes collaborative use of writing as inspiration, such as written projects developed as inspiration for choreography by students in our School of Dance.

Department of Language Studies

- Reading Partners
- Spanish Language and Culture

Reading Partners connects students who read and students who need additional help in reading. Students receive a CAA library and ID card and learn to navigate CAA's new physical and online

1401 Parkmoor Ave., Studio 260, San Jose 95126 | 408-538-3809 | info@collegeofadaptivearts.org
www.collegeofadaptivearts.org

We Are Different. We Are Able.



library system. This class encourages reading and provides a safe place for students of all levels to develop and expand their love of reading.

Department of Leadership Studies

- Student Leadership Council
- Parent/CareProvider Advisory Council

Students and families interested in participating in either of these groups receive information on related meetings and events occurring throughout the quarter, planning activities to unify the student body, increase school spirit, contribute insight for the student and student family perspective, and organize events for social and fundraising purposes.

Course Descriptions – every class may not be offered each quarter – check Current Course Schedule for specific Quarter offerings:

POETRY

Students will explore their personal and group ideas, interests, and imaginations to create various styles of poetic work. Cumulative projects will include collaborative and individual poems using items such as art, music, and photography for inspiration.

READING AND WRITING LAB

The lab will help each student unlock their potential to realize that individuals of all abilities can share their inner voice through expressive reading and creative writing. Students will also be encouraged to use the library to develop expanded literacy skills through individual and group study.

READING PARTNERS

Reading Partners will connect students who read and students who need additional help in reading. Students will receive a CAA library and ID card and learn to navigate CAA's library system. This class will encourage reading and be a safe place for all reading levels. All sections of this class offer the same content at different days/times.

SIGN LANGUAGE

All students are welcome in this class that teaches the basics of sign language. Students with no background of sign language use or those with a history of signing will enjoy continuing their practice and knowledge together. No prerequisites are required for this course.



SPANISH LANGUAGE AND CULTURE

This class will involve Spanish language study, enriched by exploration of many aspects of the culture. Students who have never learned another language, have dabbled in language studies in the past, or who currently speak Spanish will enjoy participatory and creative group learning.

SPEAKING WITH CONFIDENCE

In Speaking with Confidence, students will learn that improving their body language and vocal variety leads to increased self-esteem. Students will also learn how to become active listeners. In turn, active listening allows students give constructive criticism to their peers. This class welcomes all students and helps train our future public speakers. All sections of Speaking with Confidence include the same curriculum offered at different times.

READING AND WRITING WORKSHOP

The class will help each student unlock their potential to realize that individuals of all abilities can share their inner voice through expressive reading and creative writing. Students will also be encouraged to use the library to develop expanded literacy skills through individual and group study.

STUDENT LEADERSHIP

The Student Leadership Council meets weekly to plan student events, organize activities of college life, and provide services to other non-profit groups. Students will apply these efforts to learning about local cultures and activities for expansion of their participation in and contributions to their Bay Area community.

GRADUATE WRITING LAB*

Advanced concepts of writing in multiple styles are covered in this course offering students the opportunity to explore their developing interest in creating original written works. Examples include story and character development for fiction and non-fiction, basics of journalism, and styles of poetry. *Prerequisites required, contact instructor for more information or to register.



SCHOOL OF DANCE

"...Teaching CAA students to develop a lifelong love of dance."



School Departments:

Department of Classical & Contemporary Dance

- Folk Dance and Tap
- Classical and Contemporary Dance
- Graduate Dance Clinic
- Community Touring Ensemble
- Cultural and Contemporary Dance
- Belly Dancing

Undergraduate courses in this department promote a lifelong love of dance through instruction in techniques of classical and contemporary styles. Students will gain an understanding of ballet, contemporary, jazz and lyrical dance, adding to their repertoire of arts experience and engagement. Dancers also learn to work together as a group on-stage as they rehearse numbers for performance in the community.

Graduate level dance courses expand upon learned ballet, jazz, and choreography skills in a course of study designed to teach graduate students with dance emphasis techniques for teaching dance to children. Selected children attend some classes as teaching subjects, and participating students become comfortable with the concept and process of teaching small children with differing abilities.

Department of Latizmo Productions

- Latizmo Dance

1401 Parkmoor Ave., Studio 260, San Jose 95126 | 408-538-3809 | info@collegeofadaptivearts.org
www.collegeofadaptivearts.org

We Are Different. We Are Able.



- Latizmo Production Development and Dance Touring Company

This innovative combination of hip-hop, salsa, and other urban styles instructs undergraduate and graduate students in working together toward development of choreographed group numbers. Students are engaged by contemporary music styles and dynamic, energetic instruction as they rehearse pieces to be performed at community-based events.

Course Descriptions – every class may not be offered each quarter – check Current Course Schedule for specific Quarter offerings:

BELLY DANCING

Students will learn the basic techniques and joys of belly dancing from professionally-trained dancer Sara Misiego. Students will be given the belly dancing attire they can wear each week on top of their regular dance attire. Wheelchair users and dancers of all abilities are welcomed to come and learn unique genre of dance.

COMMUNITY TOURING ENSEMBLE

This class time is reserved for community outreach performances. CAA will now be scheduling the bulk of community performances on Monday mornings. If you are planning to participate in frequent community tours in dance, choir, children's music, or other class performance ensembles, you should be registered in this Monday morning class.

CULTURAL AND CONTEMPORARY DANCE

Students who love to dance, or who are fascinated by varying styles of dance from varied global cultures, will love this approach to contemporary dance training. Through work in many differing cultural dance styles, dancers build new muscle groups and grow their creative choreography skills. Join this exciting and vibrant course and expand your dancing horizons! All sections of this class offer the same content at different times.

GRADUATE DANCE 1: BALLET: PREREQUISITES REQUIRED*

This class will work on a Nutcracker dance set to be performed throughout the community at performances TBA. All members of the team must commit to participating in scheduled rehearsals and performances and professionally representing CAA as part of this dance ensemble. Students will require their own personal transportation to and from events. Pre-requisites required, contact instructor for more information.

GRADUATE DANCE 2: BALLET, PREREQUISITES REQUIRED

This class will work on a Nutcracker dance set to be performed throughout the community at performances TBA. All members of the team must commit to participating in scheduled rehearsals and performances and professionally representing CAA as part of this dance ensemble. Students will

1401 Parkmoor Ave., Studio 260, San Jose 95126 | 408-538-3809 | info@collegeofadaptivearts.org
www.collegeofadaptivearts.org

We Are Different. We Are Able.



require their own personal transportation to and from events. Pre-requisites required, contact instructor for more information.

CONTEMPORARY AND CLASSICAL DANCE 1-JAZZ ENSEMBLE

This class is open to all students with a love of dance. Dancers will build flexibility and poise while learning choreography focused on creating a "Chicago"-inspired dance set. Final work will be performed in recital at the end of the quarter.

CONTEMPORARY AND CLASSICAL DANCE 2-BALLET ENSEMBLE

This class is open to all students with a love of dance. Dancers will build flexibility and poise while learning choreography focused on creating a "Cinderella"-inspired ballet. Final work will be performed in recital at the end of the quarter.

GRADUATE DANCE 1 - JAZZ ENSEMBLE

This class will work on a Midsummer Night's Dream inspired dance set to be performed at the end of quarter. The Jazz Ensemble will be dancing the roles of the Magical Beings and Creatures. *Pre-requisites required, contact professor for more details and for enrollment.

GRADUATE DANCE 2 - BALLET ENSEMBLE

This class will work on a Midsummer Night's Dream inspired dance set to be performed end of the quarter. The Ballet ensemble will dance the roles of the Earthly Beings and Creatures. *Pre-requisites required, contact professor for more details and for enrollment.

GRADUATE LATIZMO DREAM TEAM*

This is the weekly rehearsal for CAA's Latizmo "Dream Team." This performance ensemble will perform in the community independently, without mirroring the instructor onstage. Participants must have experience in community Latizmo performance and the ability to dance a full rehearsal in professional performance mode. Choreography experience is a plus.

All members of the team must commit to participating in scheduled practices and performances and representing CAA as part of this dance team. Students will require their own personal transportation to and from events. Pre-requisites required, contact Professor Izabella Torres for enrollment.

LATIZMO

This innovative combination of hip-hop, salsa, and other urban styles instructs students in working together in development of choreographed group numbers. All sections of Latizmo include the same curriculum offered at different times. Occasional community performance opportunities; students are responsible for their own transportation to and from events. Both sections of this class include similar content.

1401 Parkmoor Ave., Studio 260, San Jose 95126 | 408-538-3809 | info@collegeofadaptivearts.org

www.collegeofadaptivearts.org

We Are Different. We Are Able.



CULTURAL DANCE: SUMMER IN RIO 1

Students who love to dance, or who are fascinated by varying styles of dance from varied global cultures, will love this approach to contemporary dance training. Through work in many differing cultural dance styles, dancers build new muscle groups and grow their creative choreography skills. Join this exciting and vibrant course and expand your dancing horizons! All sections of this class offer the same content at different times.

CULTURAL DANCE: SUMMER IN RIO 2

Students who love to dance, or who are fascinated by varying styles of dance from varied global cultures, will love this approach to contemporary dance training. Through work in many differing cultural dance styles, dancers build new muscle groups and grow their creative choreography skills. Join this exciting and vibrant course and expand your dancing horizons! All sections of this class offer the same content at different times.

GRADUATE DANCE: CREATING A DANCE PRODUCTION 1*

Graduate dancers will enjoy a new focus this summer as they explore aspects of dance production development. Through work on a Latizmo show, they will learn technical considerations and skills involved in lighting sound, costumes, props, and music selection. They will also learn "next level" choreography and performance for an audience. *Pre-requisites required, contact the instructor for more information or to register. Both sections of this class contain similar content at different times.

GRADUATE DANCE: CREATING A DANCE PRODUCTION 2*

Graduate dancers will enjoy a new focus this summer as they explore aspects of dance production development. Through work on a Latizmo show, they will learn technical considerations and skills involved in lighting sound, costumes, props, and music selection. They will also learn "next level" choreography and performance for an audience. *Pre-requisites required, contact the instructor for more information or to register. Both sections of this class contain similar content at different times.



SCHOOL OF HEALTH & WELLNESS

"...Providing instruction in the benefits and enjoyment of physical activity and personal health."



School Departments:

Department of Team Sports & Activities

- Walking Team
- Golf
- Showboaters Spirit Squad

The Cardinal "Rock Squad" Cheerleading team promotes school spirit and community connection through participation and performance at games, parades, and other community events. Past, present, and new members of the team will learn new cheers and dance routines at on-site practices. The Cardinal Golf team practices every two weeks and rotates between lessons in chipping putting, driving, and other skills. Practices are held at Santa Teresa Golf Course. Cardinal Soccer team members practice on-season and enjoy scrimmages with other teams in the area, participating as team members and even as assistant coaches to younger players. Fitness training is also offered in-season and has included a rotating group of sports experiences including ultimate Frisbee, broom ball hockey, and badminton. Participation in all team-based athletic activities includes an official team uniform.

Course Descriptions – every class may not be offered each quarter – check Current Course Schedule for specific Quarter offerings:

SHOWBOATERS SPIRIT SQUAD

This squad will include rehearsing as a combo group of cheerleaders and pep club members touring the community together, spreading our famous CAA Cardinals spirit. Those who love cheerleading as members of our "Cardinal Rock Squad" cheer team will continue to meet during this class time in their cool Cardinal uniforms and metallic gold pom-poms, leading dances and yells. Those who do not want to be part of the cheerleading team but want to dance and tour as part of the spirited squad

1401 Parkmoor Ave., Studio 260, San Jose 95126 | 408-538-3809 | info@collegeofadaptivearts.org

www.collegeofadaptivearts.org

We Are Different. We Are Able.



will attend as members of the "Cardinal Pep Club" in mesh CAA jerseys, completing our dance performance ensemble with megaphones and other fun props. Occasional community performance opportunities; students are responsible for their own transportation to and from events.

CAA CARDINAL CHEER TEAM

This squad will include rehearsing as a combo group of cheerleaders and pep club members touring the community together, spreading our famous CAA Cardinals spirit. Those who love cheerleading as members of our "Cardinal Rock Squad" cheer team will continue to meet during this class time in their cool Cardinal uniforms and metallic gold pom-poms, leading dances and yells. Those who do not want to be part of the cheerleading team but want to dance and tour as part of the spirited squad will attend as members of the "Cardinal Pep Club" in mesh CAA jerseys, completing our dance performance ensemble with megaphones and other fun props. Occasional community performance opportunities; students are responsible for their own transportation to and from events.

MINDFULNESS AND WHOLE-BODY WELLNESS

Students will explore wellness of mind, body, and spirit, learning to decompress and find peace and joy in an often chaotic world. Classes will include mindfulness meditation and other personal tools for relaxation and personal balance through exploration of nutrition, yoga, fitness, and promotion of habits for a healthy lifestyle. Care providers are also encouraged to register for this class.

POUND FITNESS

This class teaches a fun fitness method that fuses strength training, Pilates and cardio moves with drumming. It is a workout that gives people of all fitness levels permission to ROCK. Through physical exertion and various modifications, your movements are expressed through sound. Weighted Ripstix drumsticks provided for in-class use. Classwork can be performed standing or sitting and movements are adaptable to meet individual physical needs. All levels welcome.



SCHOOL OF LIBRARY ARTS

" . . . Empowering the CAA Student Body to gain knowledge, foster collaboration, and develop a lifelong passion for knowledge."



The Library and Media Resource Center at the College of Adaptive Arts is a place for information and inspiration. Students can gather to study, collaborate on projects, and socialize. Parents and caregivers can meet to support each other or enjoy a magazine or good book while their students are engaged in the classroom. Professors can find materials to use in the classroom or as part of a homework assignment. The Library's mission is in part to support the students, professors, and parents as the students pursue their education.

Course Descriptions – every class may not be offered each quarter – check Current Course Schedule for specific Quarter offerings:

LIBRARY 101

Students will learn use of physical and online library materials, including library processes and etiquette, and applications of these library and literacy tools for enriching their academic work and their daily lives.

GRADUATE READING: SUMMER BOOK CLUB*

As a group, students will select the book[s] to read and discuss. Students are expected to keep up with the reading; bring questions and observations about the plot, characters, organization, etc. and be prepared to contribute to the conversation. *Prerequisites required, contact the instructor to register for this course.

POST-GRADUATE RESEARCH AND PUBLISHING PREP*

This course is designed for students who are ready for post-graduate application of specific skill sets learned in CAA's various schools of study. Student will work together in an online classroom once a

1401 Parkmoor Ave., Studio 260, San Jose 95126 | 408-538-3809 | info@collegeofadaptivearts.org
www.collegeofadaptivearts.org

We Are Different. We Are Able.



week with professional mentors within their selected area of emphasis toward completion of personal projects of various types for self-publishing through the CAA Library. Established off-site student support is required for assistance with technical needs and out-of-class work requirements. *Prerequisites are also required, contact the instructor for more information or to register.

GRADUATE BOOK CLUB: GRADUATE, PREREQUISITES REQUIRED*

As a group, students will select the book[s] to read and discuss. Students are expected to keep up with the reading; bring questions and observations about the plot, characters, organization, etc. and be prepared to contribute to the conversation. Prerequisites required, contact the instructor to register for this course.



SCHOOL OF MUSIC

"Teaching students to find their own rhythm, voice, and styles of emotional expression through music."



School Departments:

Department of Vocal Arts

- Vocal Studies
- Concert Choir

Emphasis on vocal training includes techniques in such areas as breathing, projection, articulation, posture, pitch recognition, note reading, and blending with an ensemble as part of CAA's Concert Choir.

Department of Instrumental Arts

- Instrumental Studies and Songwriting

Coursework includes guitar, percussion and other rotating musical instruments, as well as basics of music writing and music recording. Students of all levels are welcome, from beginners to those with previous experience in music study. The only pre-requisite is a love of music!

Course Descriptions – every class may not be offered each quarter – check Current Course Schedule for specific Quarter offerings:

CONCERT CHOIR

This course in music study includes participation as part of CAA's Concert Choir ensemble. Emphasized skills include warm-up techniques, singing as part of an ensemble, vocal range, and group performance with accompaniment. The Concert Choir occasionally performs in the community, dates and venues TBA.

1401 Parkmoor Ave., Studio 260, San Jose 95126 | 408-538-3809 | info@collegeofadaptivearts.org
www.collegeofadaptivearts.org

We Are Different. We Are Able.



INSTRUMENTAL STUDIES

Students will increase their exposure to instrument use and musical concepts. Applications of these skills include such creative aspects as use of music as a tool for storytelling. Instruments introduced will include percussion and stringed instruments such as adaptive guitar.

CHILDREN'S MUSIC SING-ALONG TOURING TROUPE

Students will take part in learning sing-along children's songs with instruments to take out on tour to schools and other community venues. Class members will help children learn songs with messages of phonemic awareness, mindfulness, anti-bullying, bi-lingual ability, and joy in the style of Raffi and other acoustic musicians.

DIGITAL MUSIC PRODUCTION

Elements of study within this course include learning and application of techniques featuring guitar, percussion and various other instruments, basics of songwriting, and computer-based music recording and sound engineering. Students of all levels, from beginners to those who have previously taken the class, are encouraged to participate. Weekly classwork includes group-based projects and activities. The only prerequisite is a love of music!

INSTRUMENTAL STUDIES: THE MUSIC OF DISNEY

Students will increase their exposure to instrument use and musical concepts through study of the music from favorite Walt Disney films. Applications of these skills include such creative aspects as use of music as a tool for storytelling. If you love Disney, you will love this class!

ADAPTIVE GUITAR

No previous guitar skills required! Students will be playing guitar together by the end of the first class with the help of adaptive tools such as the "Chord Buddy." Songs learned in class will be performed on the road at community venues TBA.

SONGWRITING

Whether you have enjoyed songwriting in the past or have never written a song, you will enjoy this class that encourages students to discuss and support their own creative ideas and the creative directions of others. Learning of melody, harmony, rhyme and verse, rhythm, tempo, lyric and melodic structure will come together as class members work together as a group developing original songs we will add to our CAA original repertoire.



SCHOOL OF THEATRE

"...Building knowledge through creativity, imagination, and compassionate connections to the human experience."



School Departments:

Department of Theatre Performance

- Theatre Performance
- Theatre Technical Skills
- Costume and Makeup Design

Styles of performance studied include units on improvisation and rehearsal with an emphasis on musical numbers, monologues, comedy, scene work, and audition skills. In addition to development of ongoing theatre pieces for touring performance, students enjoy rehearsing and performing a collaborative tribute musical production each summer.

Course Descriptions – every class may not be offered each quarter – check Current Course Schedule for specific Quarter offerings:

COMMUNITY TOURING ENSEMBLES REHEARSAL AND OUTREACH

This class time is reserved for community outreach performances. CAA will now be scheduling the bulk of community performances on Monday mornings. If you are planning to participate in frequent community tours in dance, choir, children's music, or other class performance ensembles, you should be registered in this Monday morning class.

GRADUATE MUSICAL THEATRE 1 SONG AND DANCE REHEARSAL: GRADUATE, PREREQUISITES REQUIRED*

1401 Parkmoor Ave., Studio 260, San Jose 95126 | 408-538-3809 | info@collegeofadaptivearts.org
www.collegeofadaptivearts.org

We Are Different. We Are Able.



This is the song and dance rehearsal class for CAA's annual musical theatre workshop production, a musical theatre variety show to be performed the week of June 10-14, 2019. Students who wish to be added to the formal cast list must commit to registering for rehearsal class each quarter and participation in the production until completion of the performance in June. This rehearsal class will teach singing skills, dance and choreography skills for the show's big musical numbers. Note: students who cannot attend this rehearsal can register for the Friday morning Musical Theatre Actors' Rehearsal class, which focuses on development of the show's acting roles and scene work. Pre-requisites required for students new to this course. Students who participated in last year's "Guys and Dolls" musical theatre performance are automatically eligible to enroll. Contact instructor for more information or to register.

GRADUATE MUSICAL THEATRE 2 ACTOR'S REHEARSAL: GRADUATE, PREREQUISITES REQUIRED*

This is the actors' rehearsal class for CAA's annual musical theatre workshop production, a musical theatre variety show to be performed the week of June 10-14, 2019. Students who wish to be added to the formal cast list must commit to registering for rehearsal class each quarter and participation in the production until completion of the performance in June. This rehearsal will guide students in staging scenes, running lines, and setting movement for the show's group numbers. Note: students who cannot attend this Friday morning rehearsal can register for the Tuesday evening Musical Theatre Song and Dance Rehearsal, which focuses on development of the show's song and dance numbers. Pre-requisites required for students new to this course. Students who participated in last year's "Guys and Dolls" musical theatre performance are automatically eligible to enroll. Contact instructor for more information or to register.

GRADUATE MUSICAL THEATRE: DANCE REHEARSAL*

A second rehearsal class focused on group numbers and scene blocking is available on Friday morning. Students who wish to be added to the formal cast list must commit to registering for one of the rehearsal classes until completion of the performance in June.

Students will stage dance numbers and create choreography for the show. CAA Dean and Production Stage Director Pamela Lindsay will also visit class to teach musical theatre performance concepts.

*Pre-requisites required, contact professor for more details and for enrollment.

GRADUATE MUSICAL THEATRE: STAGING

This is the second weekly rehearsal for CAA's annual musical theatre production, The other rehearsal class is held on Thursday evenings. Students who wish to be added to the formal cast list must commit to registering for one or both of the rehearsal classes until the performance in June.

This rehearsal class will guide students in staging the acting, group scenes, and "big chorus numbers" for the show. Students will also contribute to design of the set and technical elements of



the production.

THEATRE PERFORMANCE

Styles of performance studied will include units on improvisation and rehearsal skills with an emphasis on monologues, storytelling, and scene work. Students will perform rehearsed work during class at the end of the quarter.

SPEECH AND ARTICULATION THROUGH JOKE-TELLING

This class includes basic voice and diction work for increased ability through use of such articulators as "lips, teeth, and tip of the tongue." Students will work toward their own, individual goals as they study the importance of breathing and posture for better vocal strength and projection. All work will be done in a group learning environment featuring stand-up comedy, fun, and laughter!

GRADUATE THEATRE TROUPE*

Advanced study of stage performance includes pumping up previous work in monologues, storytelling, and scene work to the next level! Students will also explore period theatre and use of the body, voice, and costumes when approaching classical works such as Shakespeare. Pre-requisites required, contact instructor for more information or to register.



SCHOOL OF TV/FILM

"...Developing students who can share their life experiences with the world through television production and film-making."



School Departments:

Department of Film Studies

- On-Camera Acting
- Film Production
- Animation and Voiceover
- Professional Collaborative Workshops

Classes in this department cover on-camera acting, camera techniques, photography skills, and editing for live action and animated films. Past workshop examples include independent film-makers and Cinequest Film Festival's "Picture the Possibilities" emerging film-makers program. Students work toward projects for submission to film competitions and development of CAA's annual "Celebrate Abilities!" international film festival.

Department of Television Studies

- Introduction to Television Production
- Community Video Production
- Graduate Production Workshop: "CAA-TV!" at CreaTV Studios

Students enjoy classes and workshops teaching basic skills including script development, show breakdowns, interview skills, booth production, lighting, green screen techniques, acting for television, and video editing.

Graduate Television Production students work with a guest instructor to develop and shoot episodes of CAA's original, award-winning television show titled "CAA-TV!" Graduate Production Crew members attend shoot dates at CreaTV Studios in Downtown San Jose and all show development sessions.

1401 Parkmoor Ave., Studio 260, San Jose 95126 | 408-538-3809 | info@collegeofadaptivearts.org

www.collegeofadaptivearts.org

We Are Different. We Are Able.



Course Descriptions – every class may not be offered each quarter – check Current Course Schedule for specific Quarter offerings:

MUSIC VIDEO PERFORMANCE AND PRODUCTION

This exciting class involves on-camera and behind-camera study. Dancers will enjoy performing Latizmo hip-hop choreography on camera. Students with technical interest will enjoy filming the video and contributing related photographic work. All levels of ability and experience are welcome!

ON-CAMERA PERFORMANCE

On-camera acting skills for film-making and television work are covered in this course, developing student knowledge of these areas and varied production styles. Focus will include practice with monologues and scene work for film auditioning. All sections of On-Camera Performance include the same curriculum offered at different times.

INTRODUCTION TO PODCASTING

The students will create their own Podcasts while exploring various types and learning skills for producing and launching them, including creating themes and scripts, voice recording, and basic laptop editing. The class cumulative project will be a broadcast "season" that will include each student's contributions.

VOICEOVER 101

Any student interested in acting, speech development, or TV/film study will love this class! Areas of learning include styles of voiceover work, how voiceovers are used in multi-media applications, speech and articulation skills for the microphone, and development of individual digital voiceover demo samples. All levels of experience welcome.



SCHOOL OF SCIENCE & TECHNOLOGY

" . . . Developing excitement toward lifelong investigation of natural science, daily use of technology, and ongoing development of mathematic skills."



School Departments:

Science

- Physics
- Robotics
- Earth Sciences

Classes include unit studies in these areas through group learning and projects. Connections to new concepts are encouraged by the introduction of visual and hands-on experiences. In-class studies and outside workshops provide practical applications of skills learned. Examples have included experiences such as building of solar robots, use of beam robots, experimental learning of Newton's laws, and investigation of the natural world.

Mathematics

- Computation Basics
- Computer Basics
- Daily Use of Skills
- Cross-Curricular Concept Learning

Math is all around us. These classes build understanding of the need for lifelong development of math skills and enthusiasm for ongoing study. Students at all levels and paces of mathematic development benefit from varied instructional approaches and options for presentation of skills learned. Focus on use of concepts in other areas of study builds student

1401 Parkmoor Ave., Studio 260, San Jose 95126 | 408-538-3809 | info@collegeofadaptivearts.org
www.collegeofadaptivearts.org

We Are Different. We Are Able.



Technology

- Technology
- Computer Studies
- Daily and Professional Applications

Technology is at the heart of our community and our modern world. Students build their level of comfort with and understanding of its use through discovery of points of connection with technology in and outside of class. Some areas studied include use of and safety within social media platforms, hands-on applications of computers and other digital technology, and potential applications of learned skills within daily and professional life.

Course Descriptions – every class may not be offered each quarter – check Current Course Schedule for specific quarter offerings:

COMPUTER BASICS

This course will overview the basics of operating a computer – from the safe ways to turn on/off the machine, how to install USB drives, how to navigate Microsoft Office software such as Word and Excel, and how to use basic email programs. This will be a safe and engaging learning environment for students wanting to become more tech savvy.

COMPUTER GAMING

Do you love working on the computer? Do you love art? Do you love music? Do you love gaming? If you answered "YES!" to any of these questions, you will enjoy this course exploring video game technology that is such a big part of Bay Area/Silicon Valley industry. Gaming teams are the new trend and highly popular on college campuses, with tournaments and scholarships galore. This class will develop and launch CAA's first active gaming team, and explore connections with teams on other campuses with which to inspire and compete!

SCIENCE AND MATHEMATICS

Students of all levels will combine math and science learning through hands-on work and projects including both areas of learning. Previous study in this class has included robotics, budgeting, and group game-oriented activities.

COMPUTER GAME DESIGN

Do you love working on the computer? Do you love art? Do you love music? Do you love gaming? If you answered "YES!" to any of these questions, you will enjoy this course exploring video game technology that is such a big part of Bay Area/Silicon Valley industry. Gaming teams are the new

1401 Parkmoor Ave., Studio 260, San Jose 95126 | 408-538-3809 | info@collegeofadaptivearts.org
www.collegeofadaptivearts.org

We Are Different. We Are Able.



trend and highly popular on college campuses, with tournaments and scholarships galore. This class will develop and launch CAA's first active gaming team, and explore connections with teams on other campuses with which to inspire and compete!

SPORTS STATS: BASIC MATH AND STATISTICS

Sports lovers, unite! Through investigation of competition and scoring in sports such as bowling, swimming, and track and field, this class will provide instruction in basic math and concepts of statistics including addition, subtraction, multiplication, division, percentages, and averages. No previous math skills required.

